

totalokinawa™

www.totalokinawa.com

June & July 2012

FREE
¥0

The 2012 Okinawa
Beach Guide





Santa Monica International Elementary School

Now Open! More Information At:

www.okinawainternationalschool.com

- British Style International Private School
- 2 Teachers per Class (Maximum 20 Students)
- Highly Qualified Staff & Teachers
- Etiquette Lessons
- No Religion



THE BEACH ISSUE

Okinawa's Best Beaches



This issue we've got the 2012 Okinawa Beach Guide featuring some of the best beaches to check out this summer along with smartphone maps. We've also got a restaurant review from Ishigakijima Kitchen, our regular dive update from Reef Encounters & much more!

As usual you can also view the magazine online at: www.totalokinawa.com



www.totalokinawa.mobi

Need a QR reader?
Check out our magazine page on Totalokinawa.com

9 FEATURE

OKINAWA BEACHES

- Ishigakijima Kitchen 4
- Dive Report 6
- Feature - Okinawa Beaches 9
- Churamame 16



Beaches Page 9

Published in Okinawa by Totalokinawa.com
All content is Copyright 2012. All Rights Reserved
For advertising information - www.totalokinawa.com
Totalokinawa and it's partners are not responsible for the content of any external advertising.

The Best Possible Service To Meet Your Real Estate Needs



Ocean View Properties



2-19-0 Chatan, Chatan-Cho
Email: info@my-housing.jp
Web: www.myhousingokinawa.com
Tel: 098-930-2968
Fax: 098-930-2969

Beautiful Homes from Tokuzato Housing




Houses
Apartments
Duplexes

Tel: 098-956-2667
<http://www.tokuzato-hsg.jp/en>



Ishigakijima Kitchen

Freshly cooked Ishigaki beef hamburgers!

If you've ever driven along Hamby in Chatan then you are sure to have noticed the bright yellow building that looks like a cross between a house and a shop. Peek inside and you will find the most delicious beef burgers you've ever tasted.

Whether you're a hamburger aficionado or just grab anything hot from the nearest fast food joint, your eyes and tastebuds are in for a treat once you sit down and order one of their freshly prepared burgers.

Ishigaki beef is considered a relatively new addition to the range of premium Wagyu

that you can buy in Japan. Wagyu translates as Japanese beef and to the consumer means a 100% Japanese animal raised in Japan from Japanese parents. As with other Wagyu meat it has the traditional marbled fat throughout the meat. What that means here, is one of the most succulent, juicy burgers we've ever had!

We ordered an Ishigaki beef, bacon and cheese burger with a side of fries and a soft drink for 1100



yen. It took us a couple of minutes to work out how we were going to eat it, but as we bit in that became the last thing on our minds! It was really flavorful and juicy but without tasting of fat. The bacon added a nice saltiness to the burger, all encased in a fresh bun along with tomato and lettuce.

All in all, a delicious lunch, for not a bad price considering the background of the meat and the high prices it would fetch if bought in the mainland.

Open 7 Days 11:00-22:00 - Chatan-Cho, Chatan 1-11-21 - 098-936-7587



<http://kitchenbin.ti-da.net/>

¥

Yen & CC

Google Map & Directions



<http://tiny.cc/ishigaki>



KING FURNITURE CO.

FINE HANDMADE ROSEWOOD FURNITURE, OKINAWA

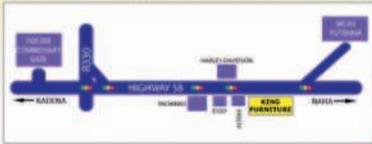
CUSTOM ORDER OK!



TEL:098-898-2743
OPEN: MON-SAT 10:00-19:00
SUN: 12:00-18:00

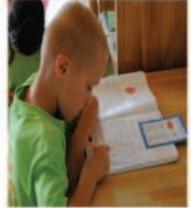


ms.totalokinawa.com/ja
Directions, Opening Times, Maps & More



WWW.KINGFURNITUREOKINAWA.COM

SUNSHINE MONTESSORI SCHOOL



New

Montessori Half Day Program

Sunshine Montessori School will be offering half day classes 5 days a week for ages 3 years old through 5 years old during the school year 2012-2013.

We will be accepting applications starting February 2012. This program is designed for 5 mornings from 8:30am - 12:00pm.

For more information please contact:
Phone: 090-936-9968/9971 or school@sunshinemontessoriokinawa.com

www.totalokinawa.com



\$1 = ¥90

Mon & Tues
¥200 Draft!

BRAZILIAN BBQ
ブラジリアン パーベキュー
OKINAWA

Weds Ladies
¥2500 Dinner!

Buffet Lunch & Dinner - Meat Served at Your Table - Brazilian Buffet

Late Brazilian Time
Available for Celebrations

Tel: 098-989-5934 Fax: 098-989-5936
〒904-0116 沖縄県 中頭郡北谷町 北谷 1-12-7
〒904-0116, Okinawa, Chatan-Cho, Chatan 1-12-7
www.bovinos-okinawa.com



ms.totalokinawa.com/ja
Directions, Opening Times, Maps & More

It's Dive Time...

The dive season is in full swing and the folks at Reef Encounters are ready to get you in the swing of things. As you dust your gear off make sure to do a complete function check on all your vital equipment:-

- Check the intermediate pressure on your first stage - should be between 135-145psi
- Inspect mouthpieces and diaphragms on your second stage for holes and wear
- Inspect all hoses for cracking and wear. Remember to look under those hose protectors
- Inflate your BC and check for leaks, also your inflator should be functioning smoothly
- Check a BC and connection to inflator
- Inspect all straps and buckles on your fins and mask for wear
- If there is any doubt of the condition of your gear bring it by Reef Encounters for one of our professionals to check it for you



After ensuring that your gear is in top shape – it's time to make sure those rusty dive skills are back in tune. Remember the basics – plan your dive and dive your plan. Ensure that you are looking at your dive table or computer for planned maximum depth and time and discuss a gas management plan with your buddy to include an agreed upon turn pressure and minimum air to end the dive. Review entries and exits for your chosen dive site and start with some

easy dives to get back in the swing of things. Review basic skills with your buddy – mask clearing, regulator recovery and sharing air. Remember when changing from a thick winter wetsuit to a thin summer suit you need to adjust that weightbelt.

For those who feel that they need more than a quick review with your buddy, Reef Encounters offers daily skills update and review dives just call us for a reservation. This summer is also the perfect time to upgrade your dive skills with a new dive certification, Reef Encounters is offering a full array of new certifications along with the traditional classes. On the schedule for this summer are Drift Diver, DPV and Advanced DPV, Rescue and Advanced Rescue, Intro to Tech, Advanced Propulsion Techniques, Assistant Instructors and Instructor classes monthly.

www.reefencounters.org 098-995-9414



m.totalokinawa.com/1b



**Pizza Buffet
With Ocean Views**

**All You Can Eat
Pizza, Curry & More!
Large Veranda
Room for Parties**

Oceans Pizza



Oceans Pizza is located in the Allivila Hotel area of Yomitan alongside the East China Sea just off Route 6

All U Can Eat ¥980!

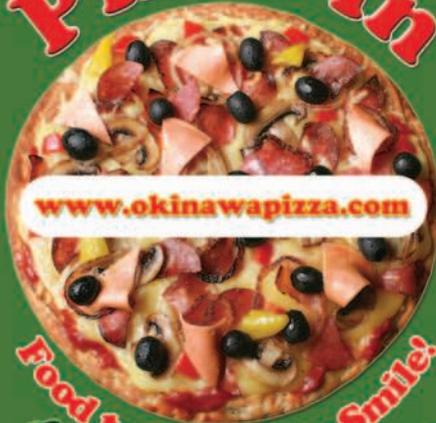


Oceans Pizza
www.oceanspizza.com
Open Everyday
For Lunch & Dinner
098-958-7711

m.totalokinawa.com/ Directions, Opening Times, Maps & More

NOW ORDER ONLINE!

Pizza in



www.okinawapizza.com

Food to Make You Smile!

All You Can Eat Buffet ¥980

Delivery to Sunabe Area
Free Fries With Online Orders!

098-936-7060



Now Under NEW Ownership & NEW Management!

★ Over 300 Cars Across Two Lots
★ Convenient Locations
★ Over 40 Years In Business

Johnny's Used Cars

★ Up To 24 Months Financing
★ With Zero Interest
★ NO Down Payment
★ 1 Year Limited Warranty

www.johnnys-cars.com



Camp Foster (Main Office)
Tel: 098-982-0312
Gate 1 (Satellite Office)
Tel: 098-921-7318



Our Main Office is conveniently located right outside of Foster's Legion Gate

Our Branch Office is located just outside Kadena Gate 1 next to Family Mart.

JOIN THE FAST LANE

As A Professional Sales Agent

Find Out More at : www.encs.com



Exchange New Car Sales is the world's largest distributor of new cars to the US military and diplomatic communities serving overseas

Apply: Online: www.okinawajob.com/job/14
 Email: szimber@militarycars.com
 Phone: Scott Zimber 646-2932

Paddy Macs Irish Pub





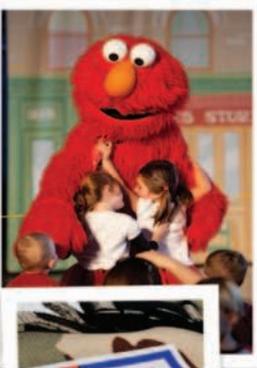
Huge selection of drinks including Guinness, Kilkenny, Bass, Black & Tan, Half & Half, Irish Car Bombs & Irish Coffee

www.irishpubokinawa.com





Okinawa




USO Okinawa

Until Everyone Comes Home®

www.usookinawa.org



2012 Beach Guide

Okinawa Beach Guide

Our guide to Okinawa's best beaches!

Araha Beach

Araha beach is one of the most popular beaches in Okinawa as it's centrally located



Location

Araha beach is located just off Highway 58 opposite Camp Foster. Scan the barcode below for a Map or visit the URL below on your PC: <http://tiny.cc/araha>



GOOGLE MAP

and close to all the bases as well as American village. Lifeguards are on duty during the summer months and apart from a clean beach and roped off swimming area they also have basketball courts, beach volleyball, boat and jet ski rides as well as snacks, showers and much more!

Tropical Beach

Location

Tropical Beach is located next to the Ginowan Convention Center. Scan the barcode



below for a Map or visit the URL below on your PC: <http://tiny.cc/tropicalbeach>



Tropical Beach (Continued)

Tropical Beach is another popular beach with both the local and military community. It's located next to the Ginowan Convention Center and Laguna Garden Hotel. There's a large sandy beach and a big park if you get bored of all the sand as well as plenty of covered seating if the sun becomes too much.

Sunset Beach

Sunset beach is your choice if you want to combine a day at the beach with



Location

Sunset Beach is just behind the Beach Tower Hotel & Jusco in Chatan. Scan the barcode below for a Map or visit the URL below on your PC: <http://tiny.cc/sunsetbeach>



shopping and restaurants as it's located just behind American Village & Depot Island. It's also great for families with a crescent shaped beach and Chula-U onsen very close by.

Toguchi Beach

Location

Toguchi Beach is located close to Torii Station. Scan the barcode below for a Map or visit the URL below on your PC: <http://tiny.cc/toguchi>



Toguchi Beach (Continued)

Toguchi beach is probably one of our favourite beaches in Okinawa. It's a lot more natural than the man made beaches like Aaha and has a beautiful park with lots of caves to explore as well as some beautiful views down to the rocks. There's also a large slide and play area for children.

Zanpa Beach

Zanpa is a great choice if you live in the Yomitan area. It's a beautiful crescent



Location

Zanpa beach is located a few kilometers after Yomitan village. Scan the barcode below for a Map or visit the URL below on your PC: <http://tiny.cc/zanpa>



shaped beach with plenty to do close by. There's the usual boat rides and BBQ areas as well as a park close by overlooking the beach and the cliffs of Cape Zanpa with it's lighthouse.

Nishihara Marine Park

Location

You'll find Nishihara located on the Pacific side of the island. Scan the barcode below for a Map or visit the URL below on your PC: <http://tiny.cc/nishihara>





Nishihara Marine Park (Continued)

Nishihara Marine Park is our top choice if you're looking for a beach on the Pacific side of the island. It's a relatively new development and in addition to the usual attractions what sets this beach and park apart is the large children's play area and that they have BBQ food on site. You can enjoy a BBQ lunch from 11:00 - 13:00 (times may vary) along with a banana boat ride for just 3300 yen per person. Swimming is from 10:00 - 19:00 during the summer peak.

Other Beaches

There are many other beaches we haven't had the space to mention here. If you're adventurous then head up the coast past Yomitan looking for one of the many secluded natural beaches. If you want to camp on a beach then check out the private Mission Beach. There's a charge but it's worth it! <http://tiny.cc/missionb>

Heavenly Cleaning
 PCS Cleaning
 Regular Cleans
 A/C Cleaning
 & Much More!

<http://heavenlycleaningwebs.com>
 Tel: 080-5655-4796

QUALITY USED CARS

VETERAN OWNED, OPERATED & GOJ LICENSED



Dependable, Reliable & Trustworthy
Vehicles & Service

USED CAR SALES, JCI INSPECTIONS/REPAIRS
& FREE JUNKING

Tel: (098) 921-7780 or 090-3732-3035

www.qualityusedcarsokinawa.com

SideDoor

Competitive Darts Bar

Hundreds of Cocktails
 Nightly Drink Specials
 Darts FREE All Night!
 Cat, Dog & Fish Friendly Bar!

<http://sidedoor.freehosting.com>
www.facebook.com/sokinawa

BK & Lua's
Rock House

Nashville

BE & LUA'S
Rock House
OPEN DAILY

Chatan

NASHVILLE

Kitamae Country Music Club
www.nashville-okinawa.com

BK & LUA'S ROCK HOUSE

Kitamae Rock House
www.bkandluas.com

Kin Town

OHOP'S

Okinawa House of Pancakes
www.ohops.biz

MIA'S ROCK HOUSE

Kin's Very Own Rock House
www.miasrockhouse.com

FIRST ROUND LAST ROUND

Billiards & A Great Bar
www.firstround-lastround.com

SALOON

Ride the Bull in Kin Town!
www.kinsaloon.com

LITTLE COUNTRY

Friendly Country Bar
www.littlecountrykin.com



Little Country

Saloon

Ambrosia アンブロージア Beauty & Relaxation

Tel: 098-989-3620



Aromatherapy Massage

- ★ First time customers get 10% off
- ★ Special 20% off in your birthday month

- Permanent Makeup
- Aromatherapy Massage
- Rejuvenation Facials
- Eyelash Curl & Extension

- 60 Mins Full Body Course ¥5,000
- 120 Mins Total Course (Body & Facial) ¥9,000
- 45 Mins Maternity Course ¥3,500

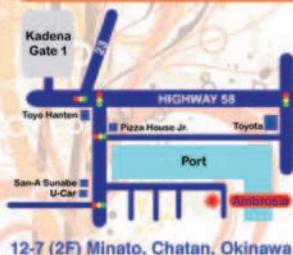


Permanent Makeup

- ★ Special ¥3000 off permanent makeup for eyebrows

- Eyebrows ¥28,000
- Upper Eyeliner ¥20,000
- Lower Eyeliner ¥18,000

Couples Room Available



Find Us On Facebook!
www.okinawabeautysalon.com
 Open 11:00 - 20:00
 Closed Mondays & 4th Sunday
 \$ and Credit Cards OK!



White River Photo Studio

Now View & Order Photos Online!

Family Package ¥11,550

- Includes:
- 5x7 Photo (2)
 - 8x10 Photo (1)
 - 5 Wallet Sized Photos
 - 5 Postcard Photos

Costume & Makeup Fee:
 ¥1050 - ¥4200 per person
 (Tax Included Weekdays Only)



Tel: 098-939-2880
 Open 10am - 7pm
 Closed Sunday

www.whiteriverphotostudio.com



ITALIANO

Delicious Pizza, Pasta & Doria



Tel: 098-936-7611
Open - Lunch & Dinner
Closed Tuesday
Italiano-okinawa.com



Saint Josephine Montessori

Friendly New School Close to Camp Kinser
www.josephinemontessori.com
school@josephinemontessori.com
Tel: 098-878-5523 Cell: 090-9784-6962

CUSTOM TEE SHIRTS

Dri Fit, Sports Shirts, Hoodies... YOU NAME IT!

www.ultragraphicjapan.com
contact@ultragraphicjapan.com



898-5009 **ULTRA+ GRAPHIC**
American Sizes Cheap Prices
Will Travel to Northern Bases

PANA MONEY EXCHANGE

Great Rates On Yen/Dollar Exchange!
Check Out Today's Rate:
www.okinawayenexchange.com
098-923-0016



Naval Kadena

High Speed Internet Fiber Optic & ADSL

Home & Business Accounts

Free Router Setups!

* Bring Your Router To Our Technical Support Office For FREE Set Up



SUNNY-NET
INTERNET SERVICE PROVIDER

www.sunny-net.ne.jp

Hikari TV

* Fiber TV Service

Hikari Phone

* Fiber Phone Service

Okinawa's #1 English Speaking ISP

Free Gift With Sign Up
Refer A Friend
Get 1 Month Free



TECH SUPPORT
(098)983-7557

SALES & BILLING
(098)983-7770

Connect Your World With Sunny Net



Churamame

What's Churamame? Only the best coffee bean shop in Okinawa!

Maybe you've been here a while or just arrived, but you've probably got one thing in common, where to find good quality

coffee. It can be something of a challenge in Okinawa, if you want to grind your own beans, to find a quality source. Well, one does exist and it's tucked away in the Aja area of Naha close to the large shopping area of Shintoshin.

The owner Takakura Hajime opened his shop after arriving from Fukuoka, he's put a lot of work into finding the best beans from all over the world. What immediately hits you as you walk in the door is the amazing aroma of fresh coffee. It's a completely different smell from the already ground, brewed coffee you normally experience.

They have over 25 different beans available from all over the world including their own blends all starting from a very reasonable 250 yen per 100g.

We ordered a couple of packs of coffee and asked them to grind for us, one of their own blend



and another from

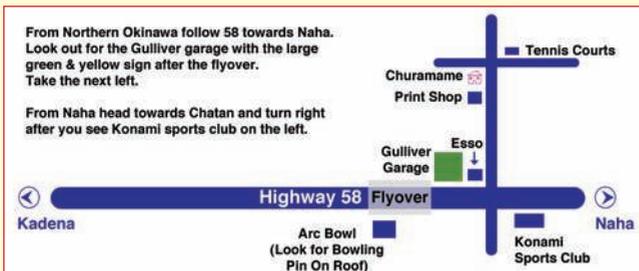
Indonesia. You know it's fresh as the grinder starts up and a new aroma wafts towards your nose.

They've also got some gift packs as well as a wide variety of coffee accessories and machines, they can even make you a freshly brewed cup to go in case you can't wait before you get home.

Finally, if you want to try something different, then check out their home made coffee jelly. Just remember to keep it away from the children!



<http://churamame.shop-pro.jp/>



<http://tiny.cc/churamame>

East West Montessori School

Give Your Child A World Class Education



Ages 2-6 Toddler & Kindergarten Classes

098-983-7303
M-F 9am-2pm



www.eastwestmontessori.com



Contact Us For Open Houses & Tours

JAPAN FAMILY HOUSING

HELPING YOU FIND YOUR PERFECT OKINAWA HOME



OUR SERVICES

- Luxury Full Service Homes
- Elite Apartments and Condos
- Reasonable Lease Rates
- Multilingual Staff



TOTALYSMART

m.totalokinawa.com/jsg
Directions, Opening Times, Maps & More

contact@japanfamilyhousing.com
www.japanfamilyhousing.com
Tel: 098-933-8112
Fax: 098-933-8117
1-9-37 Kubota, Okinawa City



Register Online For News & Events!

DISCOVER OKINAWA'S BEST INTERNATIONAL DANCERS



LADIES FREE ENTRY ON THURSDAY
LADIES NIGHT THURSDAY



TUES-SUN 7PM-1AM
BEAUTIFUL INTERNATIONAL DANCERS
DAILY SPECIALS
WWW.DEJAVUGENTS.COM

m.totalokinawa.com/en
Directions, Opening Times, Maps & More

OPPOSITE
CAMP FOSTER
COMMISSARY
GATE

OKINAWA'S
MOST
BEAUTIFUL
DANCERS
Open Tuesday - Sunday

www.chichisgents.com

m.totalokinawa.com/en
Directions, Opening Times, Maps & More

TANNING SALON

Open 6am - 12am

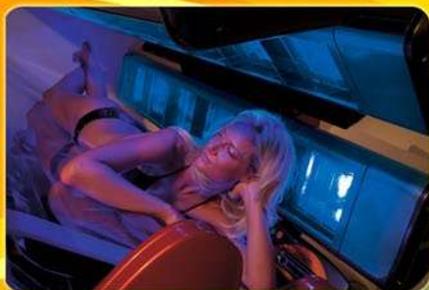
Master Sun TANNING

Tel: 098-926-5553

www.okinawatan.com

**Monthly
Plans!
Unlimited
Tanning
¥6500!**

Coupon Page 14



**Open
6am**



**No Appointment Needed!
Just Walk In!**

**Complimentary Showers,
Bath Towels, Fragrance,
Soap & Shampoo**



**Always
1\$ = ¥100**

**High Performance
Tanning Equipment**

Kadena Gate 1

Route 23

Lester Gate

Kitamae Gate

NAGO

HIGHWAY 58

NAHA

Chinese Restaurant

Family Mart

Lawson

Pizza House Jr.

Master Sun
Tanning Salon
Above Lawson

