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# Crank up the Quirk! Holiday gifts with a Japanese twist

Weren't we just ringing in 2015, and now we're about to say goodbye to it as we prepare for

the holidays. In you improve game with

I'M PERFECT

this issue, we help your gift-giving some fun and funky presents found on island. While you're

making a list and checking it twice, check out our reviews on Bamboche and Pizza House Jr. There's also the latest dive report from Reef Encounters, Weird & Wonderful and Total You. You can view the magazine online at: www.totalokinawa.com

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## **Restaurant Review**

by Louise Dupuy

### Bamboche

Enjoy all you can eat and cook!



Bamboche is a Japanese barbecue restaurant and buffet. This was an accidental find for me; I was next door getting new tires for my car, and my stomach got the better of me. From the outside, it's not much to behold, but inside, it's surprisingly big. It's completely help yourself, and all you can eat. After being seated, you have free reign.

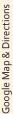
If you've never been to this type of restaurant, prepare to be amazed! All the tables have cool little fire pits. The flame is low and protected by a safety grill, but if you

have kids keep a close eye on them. They have a combination of normal seating (booth style seating with the table and fire pit), and Japanese seating (low tables with fire pits but shoes not permitted). Food choice is extensive. A combination of Japanese dishes is offered alongside American, so have yourself miso soup with fried chicken. There's salad, hot and cold options, and barbecue. The barbecue selection ranges from beef, pork, sausages, and chicken, but also liver, heart and offal. You can play it safe like I did (sausages and beef were pretty tasty), or dig into something like intestines. The way it works is simple: grab a tray, a plate or two, load up and head back to



your table. I put the raw meat on its own plate, then helped myself to spring rolls, dumplings, fried chicken, potatoes and a beef curry with rice. You can have as many servings as you like. At your table, place that meat on the grate and use the handy tongs they give you to cook it to your liking. For dessert, they have an ice cream machine, plus a chiller cabinet filled with cute little cubes of cake; when I went, they had strawberry, chocolate and orange.

To drink, there are mostly soft drinks, juices and water in the buffet area to help yourself to. The decor is muted, but has a warm, friendly atmosphere and is clean. The front desk has a glass display filled with retro toys and games from the 8o's and 9o's. The restaurant owner, a kind Japanese lady, told me they were the games and toys her children used to play with when they were young. After they grew up, she saved them and put them in her restaurant, which I thought was a sweet story.







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### **Dive Update**

The 2015 dive season is coming to a close, but that just means more great dives for next year are right around the corner. December and January will be bringing some new and wonderful things to the Okinawa diving scene. We will see the first Dive Rite Tech center open on Okinawa, supporting the full range of Dive Rite gear, both recreational and tech. No more waiting to order online;



everything from sidemount rigs and wings for back-mounted doubles, stage bottle rigs, reels or simple clips will be in stock and ready to purchase at amazing low prices at the new Reef Encounters retail outlets, scheduled to open December 2015. We will also be supporting a full range of classes so you can use all your new tech gear. Intro to Tech, Decompression Diver, and Trimix will all be offered on a regular basis, with rebreather training also being offered throughout the year. Rebreather support with Sofnolime® and other accessories will also be available.

So if you are a tech diver, aspiring tech diver or tech instructor, Reef Encounters will be your all around shop for support and supplies to take you deeper than you've gone before. Along with Dive Rite, Reef Encounters will be carrying such names as Shearwater, OxyCheq and others to support your diving needs. Reef Encounters is also scheduled to be back in the water and running both technical and recreations trips on a daily basis starting in December.

Not only is the diving on Okinawa progressing, but the new year means it's hammerhead shark season in Yonaguni. We have already posted dates for the Yonaguni tours for 2016 on the Reef Encounters Dive Team Facebook page. Seats are filling fast, so please get your reservations and deposits in early, as 2016 promises to be an epic year for sharks and you do not want to miss out on these amazing trips. There are tours scheduled for January 15th and 27th, February 11th and 25th, and March 20th to swim with the sharks and explore the ruins of Yonaguni.

December and January will also see both divemaster and instructor classes take place at Reef Encounters, so if you want to take the next step and become a dive professional, contact us now. Reef Encounters will also be looking to hire instructors and divemasters for the 2016 season and to staff a new facility in 2016. If you are looking to join an elite team of dive professionals and teach diving using the latest techniques and tools, contact us now.

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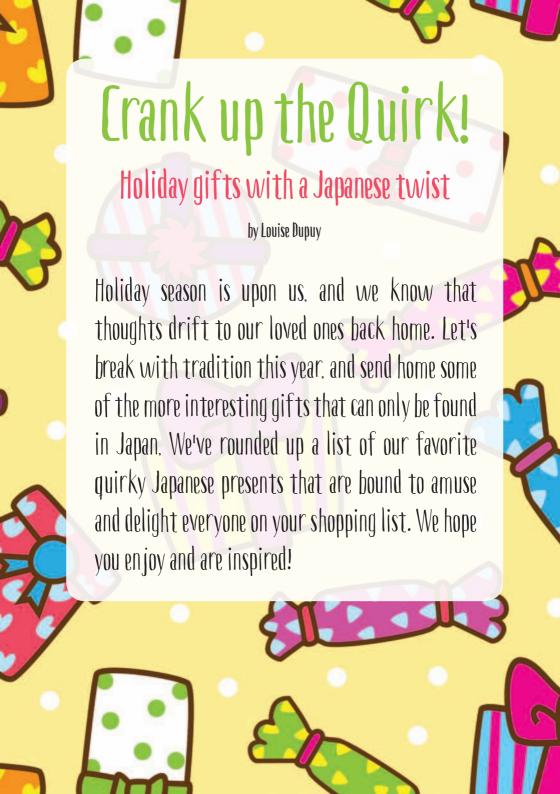












# Hamburger Stacking Game



Where to buy: Don Quijote in Ginowan Cost: 2410 ven

This is a very Japanese twist on the popular stacking game Jenga, except the aim is to build a delicious looking hamburger without it crashing down around your ears. It's a great way for the whole family to pass time when you're finished with dinner or locked in because of a storm.

# Flavoured Kit-Kats

Where to buy: Don Quijote Village Cost: From 198 to 358 yen, depending on pack size

This is a pretty popular candy here. A wide variety of flavours (including green tea, sakura and cheesecake) adds a delicious twist on a traditional favourite. They're perfect for that special person with a sweet tooth back home! Flavours vary and can be seasonal, so these are a great year-round gift.



# Floating Jellyfish Light



Where to buy: Tokyu Hands in San-A by Round One Cost: 780 ven for small to 1200 ven for large

Cute little floating ambience lights are a perfect gift for that stressed out work-a-holic. Run a bath, throw in some bubbles, put a peaceful playlist on, dim the lights and enjoy a soak with your adorable new light-up friend.

# Petit Steamer Animal Cookware

Where to buy: Japan Tax Free Shop. next to American Depot in American Village. Mihama

Cost: 1200 yen each

This one is a treat for the foodies: they're little crock pots in the shape of animals. Is the chef in your life also a cat lover? Kill two birds with one stone! They're a great price, and a reasonable size. Jamie Oliver himself will be jealous!



# Remote Control Mario Kart



Where to buy: Village Vanguard Shop on 2nd Floor by Daiso in Aeon City Mall. American Village. Mihama

Cost: 3980 yen each

We didn't forget the gamers in your life! Give them a break from the console and allow them to indulge in a real game of Mario Kart around the house with this cool remote control Mario Kart toy. It's sure to be endless fun (and headaches for the pets, no doubt).

# Mimi Pochi Purse

Where to buy: Japan Tax Free Shop. next to American Depot in American Village. Mihama

Cost: 1296 yen each

It's no secret that many girls love purses and shopping, so why not make that a cute experience with a mimi pochi? It's a sweet little coin purse, good for keeping all that loose change in check, and these have shisa dog faces, so you can guarantee her friends won't have that back home! They come in a range of colours too, allowing for colour coordinating, too! Perfect!





# Weird and Wonderful Japan

#### Ministry negates U.N. official's stat

Japan's Foreign Ministry has protested remarks by a U.N. official who claimed that 13% of Japanese schoolgirls were involved in "enjo kosai," or compensatory dating with older men, stating there is no objective basis for that number. Someone needs to review their Research 101 notes and remember to cite sources.

#### A Fowl Case

Within days of each other, Tochigi police found the severed legs of a cat, 1,100 dead fish, and headless bodies of a duck and pigeon, all believed to be by the same perpetrator. Is this a serial killer in the making?

#### Tokyo Olympics site hacked

The 2020 Tokyo Olympics website was inaccessible for 12 hours due to a cyberattack. Two thoughts come to mind: 1. Why would anyone want to hack the Olympics site, and 2. Even more surprising is that anyone noticed.

#### The yolk's on you

Kanagawa police arrested two brothers, 18 and 21, for throwing 500 raw eggs off a bridge at cars on the Tomei Expressway below, causing damage to 54 cars. The 18-year-old said he got a kick out of seeing the drivers' surprised faces. He's lucky no one was seriously hurt—or he'd be surprised by a long stay in prison.



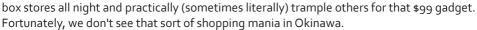


### **Total You**

by Melissa Nazario

### Give a gift not found in stores

don't know when it happened, but somehow in my adult life, I became a full-blown Scrooge. Maybe it was when Christmas music and decor started creeping into stores earlier, right after Halloween. Or maybe it was after feeling bombarded by the onslaught of holiday marketing, vying for precious holiday shopping dollars with "killer sales," and causing people who just celebrated a holiday of giving thanks to camp outside big



There's an Ikea video in Spanish that has gone viral, called "The Other Letter." In it, children are told to write a letter to the Three Kings, the equivalent of Santa, for what they'd like to receive for Christmas. Their answers are typical: a game, a Wii, a guitar, even a unicorn. Unexpectedly, they're told to write another letter, this time telling their parents what they want for Christmas. The children struggle. Then, the video fast forwards to the parents reading aloud what the children have asked for. It's not toys, or a unicorn: it's simply that the parents spend more time with them, that they eat dinner together more, play soccer, or be tickled or read to.

And that's really what tends to get forgotten, isn't it, especially during the mad rush of holiday season chaos? What we really want from each other can't be bought at a store; that's a myth the retail industry wants us to believe, and we haven't even discussed the environmental costs of that unbridled consumerism. Even more valuable than the biggestticket item on your holiday list is this: your time.

So what does "quality time" actually look like as a gift? How might you give that to yourself and others? Can you even wrap that? Here are some ideas:

For children: Remember that kids just want to spend time with you, and they can tell when you're distracted by your smartphone or the TV, so be aware and present with them. They truly would appreciate a special playdate with you, a jar full of cookie ingredients that you make together, or a new chapter book that you can read to them each night. Even if you're on a tight budget, you could wrap library books — what matters is reading them together.

For friends: Similarly, friends want to feel connected, and that you're there for them. You could surprise them with a special lunch date at a new restaurant they haven't tried or a "voucher" to teach them some skill you have. You'd be surprised how much you know that others would love to learn, whether it's budgeting and personal finance, learning a new technology, crafting, cooking, couponing, home decor, or gardening.

For yourself: If you're too busy working on your to-do list to take care of yourself, you won't be able to really enjoy the time you do have with friends and family. Don't forget to take a break and do some self-care if you're feeling frazzled. Try to focus on the few things that are truly necessary for you to do each day, and then schedule in activities that will help you relax, 14 whether that's a bath, a nap, or a walk.







### **Restaurant Review**

by Louise Dupuy

### Pizza House Jr.

So much more than pizza!



Pizza house Jr. is a small, modern restaurant in Urasoe, only a short drive to Kinser, and located just behind a KFC. It has plenty of parking too, which is always a plus on Okinawa. I found it to be spotlessly clean, and very welcoming. The staff speak fairly good English, and, as with most places here, are polite and helpful. There is a big, glossy menu right outside, all with English translations and pictures, so you can size up what you want before you even set foot in the door. It's touted as a pizza restaurant, but honestly this is only a tiny portion of what they serve.

Don't get discouraged though, the menu is great! Though quirky, the selection means even picky eaters should be fine. Most dishes have a somewhat Italian feel, though there is also the odd Mexican inspiration and American in there too. I went with the beef stew doria, and my husband opted for the taco pizza. Neither of us were disappointed. The pizza was available in 3 sizes (he went for the 22cm), which turned out to be a decent portion, and it was loaded up with delicious toppings, all fresh. The beef stew was divine, and included a bed of rice topped with chunks of beef, stew sauce and drowned in

cheese. It was also a generous portion, bursting with flavour and incredibly filling. Neither of us wanted dessert.

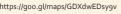
The drinks were pretty standard, and included a range of soft drinks and fruit juices. Prices were not too unreasonable. They have some competition with KFC right in front and a coffee shop next door. We paid around \$25.00 for our meals, including drinks.

This was a great little find. It's got a calm, cool vibe, perfect for a quiet couples dinner or a business lunch.











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