





totalokinawa

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このマガジンはオンラインでも見ることができます: www.totalokinawa.jp

Happy Cliff (Kafu Banta) & Nuchimasu Salt Factory

by Elizabeth Stoney

Afu Banta, nestled on the picturesque Miyagi Island in Uruma City, is a renowned tourist destination and local power spot celebrated for its breathtaking views of the expansive Pacific Ocean. The name Kafu Banta is derived from the Okinawan language and translates literally to 'Happy Cliff'. This stunning geological feature not only offers a serene and awe-inspiring atmosphere but also serves as an emblematic landmark of the region's natural beauty.

The cliff is situated within the premises of the Nuchimasu Salt Factory, a facility known for producing the famously mineral-rich Okinawan salt. The factory offers visitors an informative and engaging experience, providing a brief overview of the intricate processes involved in extracting salt from 100% Miyagi Island seawater. One of the highlights of the tour is the enormous 'drying room', which bears a striking resemblance to a room blanketed in snow.

In addition to the educational aspects of the factory tour, guests can also enjoy a variety of salt-inspired culinary experiences. There is a quaint cafe on-site offering delicious salt ice cream, while a restaurant on the upper floor provides a more extensive dining menu featuring locally sourced ingredients. And of course, no visit would be complete without a stop at the souvenir shop, where an assortment of salt-related products and mementos are available for purchase.

Visitors will be pleased to know that parking and entrance to both Happy Cliff and the Nuchimasu Salt Factory are complimentary. Accessing the site is relatively straightforward from the Uruma 'mainland', with Route 10 serving as the main thoroughfare. This scenic route stretches from the Katsuren Peninsula to the far end of Ikei Island, passing through Henza and Miyagi along the way. Happy cliff and the Nuchimasu Salt Factory can be found about halfway across Miyagi Island on the east coast.

Open 7 days 0900-1730 (Gates close 1800)



Google Map & Directions:



https://goo.gl/maps/52SiTKwnLDmCYsU99

098-923-0390

www.nuchima-su.co.jp

2768 Yonashiromiyagi, Uruma, 904-2423

風光明媚なうるま市の宮城島にある「果報バンタ」は、広大な太平洋の絶景が楽しめる観光地であり、地元のパワースポットとしても知られています。果報バンタという名前は沖縄の言葉に由来しており、直訳すると「幸せ岬」の意味。ここに来ると、静寂に包まれて自然の偉大さを感じ、またこの場所が



地域の自然の美しさを象徴する役割を担っていることを感じさせられます。

この幸せ岬は、実はミネラル豊富な沖縄の塩を生産する「ぬちまーす観光製塩ファクトリー」の敷地内にあります。この工場では、宮城島産の海水



100%から塩を抽出する工程を 見学することができ、その中でも 雪が積もったような巨大な「製塩 室」は、見学のハイライト。

工場見学では、その作り方を教えてくれるだけでなく、塩にちなんださまざまな食の体験も楽しめます。工場内にはおいしい塩アイスクリームを提供するカフェがあり、上階のレストランでは地元産の食材を使ったより多くのメニュ

ーを楽しむこともできます。工場を後にする前に、お土産屋さんで塩にまつ わる様々な商品や記念品をゲットすることも忘れずに。

果報バンタとぬちまーす観光製塩ファクトリーは、嬉しいことに駐車場と入場料が無料。うるま市からのアクセスは、勝連半島から伊計島の先まで平安座や宮城を経由する風光明媚なルートである国道10号線。果報バンタやぬちまーす観光製塩ファクトリーは、宮城島のほぼ半分を過ぎたところ、東海岸に位置しています。

https://goo.gl/maps/52SiTKwnLDmCYsU99

〒904-2423 沖縄県 うるま市 与 那城宮城 2768 2768 Yonashiromiyagi, Uruma, Okinawa 904-2423 098-923-0390 https://www.nuchima-su. co.jp/ 毎日営業 午前9時から午後5時 30分(午後6時閉門)





by Elizabeth Stoney

ike all 'roadside stations' across Japan, Onna no eki sells speciality goods produced in the local area; this one sells all kinds of things produced in Onna village. It's a fairly large complex of shops and stalls surrounding a covered outdoor eating area which has a relaxed yet lively atmosphere. Located just off Route 58 in the old area of Nakadomari there's a sizeable parking lot, plus other facilities nearby including the Onna Village library, Culture and Information Centre and Onna museum, all of which overlook one of the best stretches of coastline and bluest waters in the whole of Okinawa.

Although Onna no eki appeals to tourists with its boxes of souvenir cookies, t-shirts and various trinkets, it is also popular with locals as a place to buy local and seasonal fruit and vegetables. Each time I visit throughout the year, I see the produce changing with the seasons - strawberries in winter and spring, passion fruits in early summer and mangos marking the hot summer months and peak tourist season. Other things to buy include fresh bakery items, shave ice, Okinawa soba and Okinawan donuts known as sata andagi. Discount tickets for Churaumi Aquarium in Motobu are also available.

Hama no le is one of the food stalls selling fish and other seafood as sashimi and tempura. There is a menu just outside displaying images of each dish so ordering is very simple. Other stalls include one selling fresh coffee and coffee beans and another selling curry.

There's definitely something here to please everyone and spending your money here is a great way of supporting local farmers and other businesses as they recover from the economic effects of the covid pandemic.

1656-9 Nakadomari, Onna, Kunigami District, Okinawa 904-0415



Google Map & Directions:



https://goo.gl/maps/kaM9hiAWUEqK1dpy7

https://onnanoeki.com/

Open 7 days 1000-1900

Cash (Yen), Credit Cards & E-pay

恩納の駅(恩納の道の駅)



全国の道の駅と同様、恩納村の特産品を販売する「おんなの駅」では、恩納村で生産されたあらゆるものが販売されています。この道の駅は、屋外の飲食スペースを囲むさい、リラックスした雰囲気の中にもり、リラックスした雰囲気の中にもり、対あります。国道58号線から、目辺には恩納村図書館、文化情報センター、恩納博物でもなどの施設も。ここからは沖縄でも

屈指の海岸線と青い海を見渡すこともできます。

お土産用のクッキーやTシャツ、小物などが並ぶ「おんなの駅」は、観光客にも人気なのはもちろんのこと、地元の人たちにも旬の野菜や果物を購入できるとして人気の場所。冬から春にかけてはイチゴ、初夏にはパッションフルーツ、夏の暑い時期や観光シーズンのピークにはマンゴーなど、一年を通して訪れるたびに季節ごとの食材が並んでいるのを楽しむことができます。その他、焼きたてのベーカリー、かき氷、沖縄そば、沖縄のドーナツ「サータアンダギー」などもおすすめ。美ら海水族館(本部)の割引券も販売しています。

その中でも「浜の家」は、魚介類の刺身や天ぷらを販売する屋台のひとつ。外にメニューがあり、それぞれの料理の画像が表示されているので注文も楽。コーヒー屋さん、カレー屋さんもあります。

多くの店舗の中にはみんなが楽しめる場所が必ずあります。また、おんなの駅で消費することは、コロナ禍による経済的影響から地元の農家さんやその他の企業が立ち直るためにも役立つでしょう。

https://goo.gl/maps/kaM9hiAWUEqK1dpy7

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https://onnanoeki.com/

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Take a breather and explore!

A guide to Okinawa's road stops

am sure we all thought of it before - how nice it would have been to go there by train! Unfortunately, Okinawa has the handicap of being without the convenience of a rail system since THE DAWN OF TIME! Sure, it has that monorail system down at Naha but in all honesty, I have never really found it to be that convenient. Of course, this does not mean that Okinawa will sit idly by and miss out on the festivities that comes with train stations such as shops, rest areas, and



cultural exploration spots. Down here we have road stops called Michi No Eki and below are some of the best-of-the-best-of-the-best road stations that are an absolute must visit on Island!

Michi No Eki - Kadena

How about we start with the most controversial one, shall we? Being next to Kadena Air Base, back in the day this road stop was occasionally used by photographers to get good snap shots

of cool looking planes flying in and out of the base. When there was a renovation to be scheduled, I would like to think that the U.S. base preferred to minimize visibility of the base but what did they get instead? A 4-story high rest stop with a roof top observation deck! Way to stick it to 'em, Kadena-cho! This is a joke of course and I am sure this was well thought-out with all consensus to simply boost tourism for Kadena-cho and the rest stop. It even has a small museum on the 3rd floor explaining all about the history of the Kadena Air Base and its airfield. Really culturally enlightening stuff. See more on what they have at https://michinoeki-kadena.jp/

Michi No Eki – Kina Banjo

If Kadena wanted to boost tourism, Kina Banjo wants the complete opposite. The thing that makes this road stop so interesting is its seclusion and simplicity. No fancy shops, restaurants, or even a picturesque view. Just an old house with some pictures of its history and a man sitting at the park bench playing the shamisen (and beautifully I might add). Not much else about this serene place except that directly across from it, is an old-style mom and pop store selling local delicacies. One of them being the 'medicinal soup' called Nuchigusui which its deliciousness can probably nurse back a limb! I haven't seen this soup in a while and it made me feel like I travelled back to a simpler time. Perfect place for a quiet poetic rest and want to get away from all the noise traveling along route 58.

Gala: Aoi Umi

Not strictly a road stop but what exactly classifies a site as a road stop? Is it along the road with restaurants? - Yes. Shops? - Of course. Place to buy souvenirs? - Absolutely! If this isn't considered a road side stop then I don't what is! Nevertheless, let's just say this street adjacent rest area, has a good variety of restaurant choices such as pizza, burgers, and soba just to name a few. For entertainment, there is the salt factory which you can learn about something new and finish off with some of their salt flavoured soft serve ice cream. Don't even get me started on the view. Simply amazing. Check it out sometime when you are in the area close to Zanpa beach.

Igei Service Area

A road stop truest to its word, Igei service area is one of the most frequented rest and service stations located along the Okinawan expressway. The expressways on Okinawa are by all means not long but if you just had a big meal and driving from Nago to Naha on a constant 80km/h drive, you will thank God this road stop exists. They have all the rest and rejuvenating necessities you would need such as coffee, candy, snacks, and even a restaurant. Parking is ample too if you feel like just taking a nap. Most interestingly enough is that they have homemade muchi which is a traditional Okinawan mochi wrapped in ginger leaves which I can seldomly find anywhere else. It is fantastic with coffee too. Definitely worth a try when you are in the area.

Michi No Eki - Kyoda

Saving the best for last, this G.O.A.T. (or rather G.R.O.A.T.) has absolutely everything. Soba, beautiful ocean view, soft serve and mango ice shavings, tempura, souvenir novelty shirts, donuts, a museum, an information centre, ample parking, and about a gazillion restrooms just to name a few. They even have a steak house right next to a seafood sashimi restaurant which I believe is one of the last few places you can still find Irabu-jiru (sea snake soup). Located at the northern end of the Okinawan expressway, this is a perfect spot



to get that halftime energy jolt if you are on your way to Motobu, Okuma, or even Kouri Island. If not, this road stop in itself is still already worth the journey. Rest stop pro tip: If you are pernickety about public toilets like me, you should use the airconditioned one in the 2nd floor information centre!







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American Sizes Cheap Prices Will Travel to Northern Bases







by Elizabeth Stoney

Nestled along the picturesque Nanjo coast, the charming Ou-jima Island is home to the Oshiro Tempura Shop, which is easily recognizable due to the bustling crowds eagerly waiting outside its doors. As the largest and most renowned tempura establishment on the island, Oshiro Tempura Shop captivates both locals and tourists alike with its enchanting ambiance and impeccably crafted tempura dishes.

Upon entering the eatery, patrons are greeted with a straightforward menu (available in

English) that offers an array of delectable battered items, including fish, squid, and sweet potato—all priced at an affordable 100 Yen. To place an order, simply jot down the quantity of each desired item on a paper form, and don't forget to include your name at the bottom. When your order is ready for pickup, the friendly staff will call your name, and you can retrieve your mouthwatering meal from the pick-up window. Please note that the establishment only accepts cash payments in Yen.

Among the many tempting options, our personal favorites were the succulent fish, savory sausage, and uniquely delicious goya tempura. Each order comes wrapped in a brown paper bag, making

it easy to enjoy your meal right away. It's best to dig in immediately, as the tempura's crispy batter can become soggy after a few hours. For a truly immersive dining experience, grab a seat at one of the benches situated around the entrance, and quench your thirst with a beverage from the conveniently located vending machines.

The place also seems to be the preferred hang out spot for the local cats, most of which are happy to be stroked or just left alone to sleep in the sun. Convenient, free parking can be found just along the road.



Google Map & Directions:



https://goo.gl/maps/BnezheVTBSNmCRsc6

Ou-193 Tamagusuku, Nanjo

Free parking available

Tue-Sun 1100 - 1745 (Closed Monday)

絶景で知られる南城市の海岸に位置する奥武島にあるのが、今回紹介する「大城天ぷら店」。いつもお店の前には長い行列ができており、初めて行く人でもすぐわかるほど。島で最も大きく、最も有名な天ぷら店である大城天ぷら店は、その緩やかな雰囲気と最高の天ぷらで地元の人々や観光客に絶大な人気を誇っています。



お店の前にはメニュー表があり、魚やイカ、紅芋や田芋など、値段も100円と手頃。注文は、紙に希望する商品の数量を記入し、その下に名前を書くだけ。準備ができたらスタッフが名前を呼んでくれるので、受け取り窓口へ取りに行きましょう。現金でのお支払いのみですのでご注意を。

どのメニューも美味しそうですが、私たちのお気に入りはジューシーな魚天ぷら、香ばしいソーセージ、そして独特の味わいが癖になるゴーヤー。商品を茶色の紙袋に入れて渡してくれるのですぐに食べることができます。天ぷらのサクサクとした衣は、数時間経つとベチャベチャになってしまうので、そこで食べるのがおすすめ。入り口付近のベンチに座り、自動販売機でジュースを買って天ぷらと一緒に楽しむと、よ

り一層、ローカルみ溢れる食事が 楽しめます。

また、ここは地元の猫たちのお気に入りの場所でもあるようで、撫でてもらったり日向ぼっこをしたりと、のんびりとした時間を過ごしているようです。道路沿いには無料駐車場もあって便利。

https://goo.gl/maps/ BnezheVTBSNmCRsc6

〒901-0614 沖縄県南城市玉城 奥武193

営業時間:午前11時〜午後5時45 分(月曜定休) 無料駐車場あり



Get 10% off with this coupon 1 per customer per visit



by Elizabeth Stoney

Out-ranked only by The Super Mario Bros, Pokemon is the second-most successful franchise of all time, creating and selling tv shows, movies, toys, video games and card games. Official merchandise can be found at Pokemon Centres, these stores sell everything the average Pokemon fan could want, plus they usually have additional spaces such as Pokemon Card Stations where gamers can play Pokemon TCG (Trading Card Game). There are 17 Pokemon Centres, the first opened in Osaka in the late 90's and since then 15 more

have opened up around Japan, plus one in Singapore. The Pokemon Center in Okinawa then is a big deal to Pokemon fans. When it first opened in the summer of 2022, queues formed through the night and a ticketing system was put in place to control the crowds.

Located on the ground floor of Okinawa Rycom Mall, customers are welcomed by a beautiful Arcanine and Pikachu plush. Did you know Pikachu was not the original Pokemon mascot? Just past the store entrance there's a gaming



space, and a corner for gachapon machines. Further in there is an entire wall of Pokemon TCG packs and a huge display of Pokemon plush's of varying sizes, complete with giant touch-screen Pokedex. Right at the back of the store are the Okinawa-themed exclusive products featuring images of Shuri Castle, hibiscus and Pikachu dressed in traditional Okinawan costume. Dotted around are areas to enjoy video content and themed art works and displays. It's bright, it's loud, it's a must for all Pokemon fans.

Aeon Mall Okinawa Rycom 1F, Kitanakagusuku, Nakagami District, Okinawa 901-2306 https://www.pokemon.co.jp/shop/pokecen/okinawa/



Google Map & Directions:



https://goo.gl/maps/QDoDKrX4jZ6hxUoS6

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ポケモンセンターオキナワ

ポケモンは、テレビ番組、映画、玩具、ビデオゲーム、カードゲームなどを制作・販売しており、スーパーマリオブラザーズに次いで史上2番目に成功したフランチャイズと言われています。今回紹介するポケモンセン



ターでは、公式グッズなど一般的なポケモンファンが欲しがるものはほとんど全て入手可能。さらに、ポケモンカードステーションなどポケモンカードゲームをプレイできるスペースも併設されています。ポケモンセンターは17店舗あり、90年代後半に大阪にオープンしたのを皮切りに、現在は日本全国に15店舗、シンガポールに1店舗あります。その中で沖縄のポケモンセンターは、ポケモンファンにとって見逃せない存在。2022年夏にオープンした当初は夜通し行列ができ、混雑を抑えるために整理券が配られたほどだったそうです。

ポケモンセンターオキナワは、ライカムショッピングモールの1階にあり、エントランスでは美しいウインディとピカチュウのぬいぐるみがお客様をお出迎え。お店の入り口を抜けると、ゲームスペースとガチャポンのコーナー。さらに奥に進むと、壁一面にポケモンカードゲームのパックが並び、大小さまざまなポケモンのぬいぐるみが展示され、タッチパネル式の巨大ポケモンずかんもあります。店内のさらに奥には、首里城やハイビスカス、沖縄の民族衣装を着たピカチュウなど、沖縄をテーマにした限定商品も。また、映像コンテンツやテーマに沿ったアート作品やディスプレイを楽しめるスペースも点在しており、キラキラして賑やかで、ポケモンファンにはたまらない場所です。

https://goo.gl/maps/QDoDKrX4jZ6hxUoS6

〒901-2306 沖縄県中頭郡北中城村字ライカム1番地イオンモール沖縄ライカム1階

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https://www.pokemon.co.jp/shop/pokecen/okinawa/

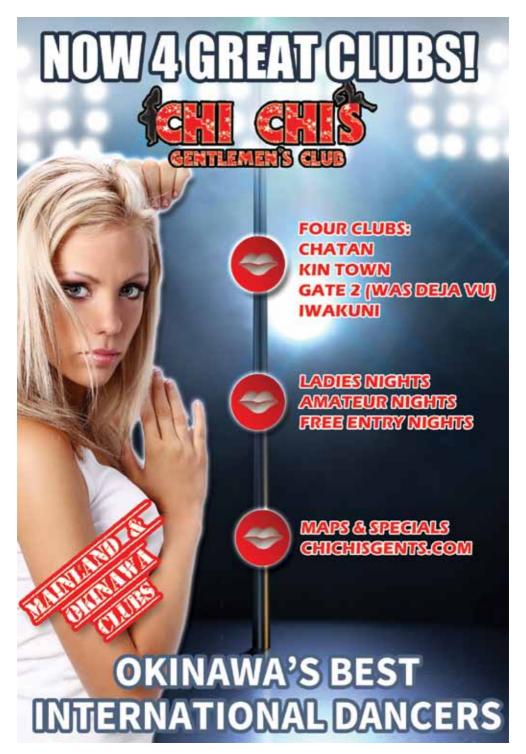
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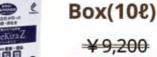












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